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**EDUCACION MÉDICA**

Mayo 2000 - Noviembre 2006 Universidad Católica Santiago de Guayaquil.

Medico

Guayaquil, Ecuador

### Agosto 2009 ECFMG Certified

### ([Educational Commission for Foreign Medical Graduates](http://www.ecfmg.org/))

### Estados Unidos

Febrero 2014 – Enero 2017 Especialista en Cirugía General

Hospital Luis Vernaza

Universidad de Especialidades Espíritu Santo

Guayaquil, Ecuador

Marzo 2017 – Febrero 2019 Especialidad en Cirugía de Colon y Recto

Hospital Civil de Guadalajara, Juan I. Menchaca

Universidad de Guadalajara

Guadalajara, México

**ENTRENAMIENTO MEDICO**

Septiembre 2005 – Octubre 2006 Internado Rotativo (cirugía, medicina, ginecología, pediatría)

Hospital Regional Teodoro Maldonado Carbo (IEES)

Guayaquil, Guayas

Ecuador

Junio 2010 – Junio 2011 Programa Preliminar de Residencia en Cirugía General

Mayo School of Graduate Medical Education

Rochester, MN

Program Director: David Farley M.D.

Julio 2011 – Junio 2012 Programa Preliminar de Residencia en Cirugía General

Montefiore Medical Center

Albert Einstein College of Medicine

Bronx, NY

Program Director: Peter Shamamian M.D.

Septiembre 2012 – Agosto 2013 Medicatura Rural

Hospital Básico General Villamil Playas

Playas – Ecuador

Agosto 2013 III curso de Especialización “Entrenamiento en Cirugía Laparoscópica”

Universidad Nacional de Piura, Escuela de Postgrado

Piura - Perú

Febrero 2014 – Enero 2017 Residencia en Cirugía General

Hospital Luis Vernaza

Universidad de Especialidades Espíritu Santo

Guayaquil, Ecuador

Director de Postgrado: Dr. Alberto Daccach

Marzo 2017 – Febrero 2019 Especialidad en Cirugía de Colon y Recto

Hospital Civil de Guadalajara, Juan I. Menchaca

Universidad de Guadalajara

Guadalajara, Mexico

Director de Postgrado: Dr. Victor Maciel

**EXPERIENCIA LABORAL**

Mayo 2008 – Septiembre 2008 Profesor Asistente

Kaplan Medical Center

Chicago, IL

Supervisor: Michelle Espidido (Clinical Skills Program Manager)

Junio 2010 – Junio 2011 Instructor Certificado de ACLS/ATLS

Mayo School of Graduate Medical Education

Montefiore Medical Center

**EXPERIENCIA EN RESEARCH-INVESTIGACION**

Agosto 2008 – Mayo 2010 Fellow en Research-Investigación

Rush University Medical Center

Department of Colon and Rectal Surgery

Chicago, IL

Supervisor: Theodore J. Saclarides M.D. and Marc I. Brand M.D.

**ROTACIONES CLINICAS**

Abril 2010 – Mayo 2010 Cirugía General

Rush University Medical Center

Division de Cirugía Colo-Rectal

Chicago, IL

Attending Physicians: Theodore Saclarides M.D, Marc Brand M.D

**PUBLICACIONES**

**RevistasArtículos/Abstractos**

Abarca Aguilar F, Abarca Rendón F, Andrade Zambrano T, Kury González M. Linfoma Primario de Ciego e Ileon en Paciente con situs inversus. Apropósito de un caso. Revista Mexicana de Coloproctologia 2006:12(3);129-133

Abarca Aguilar F, Abarca Rendón F, Izurieta J. Reparacion Primaria vs. Colostomia en Lesiones por Trauma de Colon de Origen Civil. Revista Mexicana de Coloproctologia 2006:12(3);117-121

Bertelson N, Saclarides T.J, Abarca F.M, Brand MI. Laparoscopic Total Colectomy: A Single Institution's Experience*.*Diseases of the Colon & Rectum. Dis Colon Rectum. 2009, Vol. 52, No.4

Abarca F.M, Saclarides T.J, Brand M.I. A Review of the Treatment of Opioid-Induced Constipation with Methylnaltrexone Bromide. Clinical Medicine Insights: Therapeutics *2010:2;53-60*

Abarca F.M, Saclarides T.J, Brand M.I. Laparoscopic Colectomy: Complications Causing Re-operation or ER/Hospital Re-admissions. Am Surg. 2011, Jan77(7);65-9

Abarca F.M, Cologne KG, Francescatti A, Saclarides T.J, Brand M.I. Incisionless Laparoscopic Total Proctocolectomy with Ileal J-Pouch anal Anastomosis Am Surg. 2011, Jan77(1); 929-32

Vidal E.A, Rendon F.A, Zambrano T.A, Garcia Y.A, Viteri M.F, Campos J.M, Ramon M.G, Ramos A.C. Intestinal Malrotation in Patients Undergoing Bariatric Surgery. Arq Bras Cir Dig. 2016; 29: 24-26

Gomez-Torres GA, Gonzalez-Hernandez J, Lopez-Lizarraga CR, Navarro-Muñiz E, Ortega-Garcia OS, Bonnet-Lemus FM, Abarca-Rendon FM, De la Cerda-Trujillo LF. Intraoperative cholangiography versus magnetic resonance cholangiography in patients with mild acute biliary pancreatitis: A prospective study in a second-level hospital. Medicine. 2018 Nov;97(44);e12976

**Presentaciones Orales**

Abarca F.M, Saclarides T.J, Brand M.I. Laparoscopic Colectomy: The Rush University Experience. XXI Congreso Latinoamericano de Coloproctologia (ALACP). Guayaquil, Ecuador. July, 2009

Abarca F.M, Sacalrides T.J. Transanal Endoscopic Microsurgery (TEM): A Single Institution’s Experience with 75 pT1 Cancers. Chicago Surgical Society. Chicago, IL. February 4, 2010

Abarca F.M, Saclarides T.J, Brand M.I. Laparoscopic Colectomy: Complications Causing Re-operation or ER/Hospital Re-admissions. Southeastern Surgical Congress. Savannah, GA. February 23, 2010

Abarca F.M, Sacalrides T.J. Transanal Endoscopic Microsurgery (TEM): A Single Institution’s Experience with 75 pT1 Cancers. Resident Research Paper Competition, Chicago Society of Colorectal Surgeons. Chicago, IL. March 19, 2010

Abarca F.M, Saclarides T.J, Brand M.I. Laparoscopic Colectomy: Complications Causing Re-operation or ER/Hospital Re-admissions. Resident Research Paper Competition, Chicago Society of Colorectal Surgeons. Chicago, IL. March 19, 2010

Abarca F.M, Sacalrides T.J. Transanal Endoscopic Microsurgery (TEM): A Single Institution’s Experience with 75 pT1 Cancers. Annual Meeting, American Society of Colon and Rectal Surgeons. Minneapolis, MN. May 16, 2010

Abarca F.M. Colecistectomías Laparoscopicas Electivas Realizadas por los Residentes Postgradistas de Cirugía General del Hospital Luis Vernaza. 2014-2016. Congreso Latinoamericano en Educación de Residentes. Mayo 2017. Santiago, Chile. Presentación Oral

Abarca F.M, Maciel V, Puga M, Valenzuela J, Sánchez L.E, Vega L.C, Gutiérrez G, Hernández F, Gomar J, Centeno M. Clinical & Quality of Life Benefits in Fecal Incontinence after Transcutaneous Posterior Tibial Nerve Stimulation: a prospective single-arm study from a Mexican referral center. Congreso Latinoamericano de Coloproctologia (ALACP), Merdia, Mexico 2018.

**Presentaciones Posters**

Bertelson N, Saclarides T.J, Abarca F.M, Brand MI. Laparoscopic Total Colectomy: A Single Institution's Experience*.* Poster presented at: Annual Meeting, American Society of Colon and Rectal Surgeons. Hollywood, FL. May, 2009

Abarca F.M, Saclarides T.J, Brand M.I, Keshavarzian A. Cap Polyposis: A Surgical Disease? Report of a Case and Review of the Literature. Poster presented at: Southeastern Surgical Congress. Savannah, GA. February 21, 2010

Abarca F.M, Saclarides T.J, Brand M.I, Keshavarzian A. Cap Polyposis: A Surgical Disease? Report of a Case and Review of the Literature. Poster presented at: Rush University Forum for Research and Clinical Investigation. Chicago, IL. April 14-15, 2010

Abarca F.M, Saclarides T.J, Brand M.I. Cutting Seton: Outcomes, Safety and Efficacy for the Treatment of Anorectal Fistulae. Annual Meeting, American Society of Colon and Rectal Surgeons. Minneapolis, MN. May 17, 2010.

Abarca F.M, Saclarides T.M, Brand M.I, Keshavarzian A. The Efficacy and Outcomes of Non-Cutting Seton and Immunosuppressive Therapy for Complex Anorectal Fistula in Inflammatory Bowel Disease (IBD). Annual Meeting, American Society of Colon and Rectal Surgeons. Minneapolis, MN. May 18, 2010.

Abarca F.M, Maciel V, Puga M, Valenzuela J, Sánchez L.E, Vega L.C, Gutiérrez G, Hernández F, Gomar J, Centeno M. Clinical & Quality of Life Benefits in Fecal Incontinence after Transcutaneous Posterior Tibial Nerve Stimulation: a prospective single-arm study from a Mexican referral center. Annual Meeting, American Society of Colon and Rectal Surgeons. Nashville, TN, 2018

**DISTINCIONES ACADEMICAS**

Best paper presentation (first place). Safety of Elective Laparoscopic Cholecystectomy in Residents of General Surgery: The Ecuadorian Experience. Congreso Latinoamericano en Educación de Residentes (LACRE 2017) Santiago, Chile.

Top 10 poster presentation. Clinical &amp; Quality of Life Benefits in Fecal Incontinence after Transcutaneous Posterior Tibial Nerve Stimulation: a prospective single-arm study from a Mexican referral center. Annual Meeting, American Society of Colon and Rectal Surgeons. Nashville, TN, 2018

**SKILLS ADICIONALES**

Fluido escrito y hablado en Inglés y Español

BLS Certificado Agosto 27, 2009

ACLS Certificado Abril 08, 2010

ATLS Certificado Octubre 2011

**REFERENCIAS PROFESIONALES Y PERSONALES**

**Theodore J. Saclarides M.D.**

Attending Surgeon/Professor of Surgery

Head of the section of Colon and Rectal Surgery

Rush University Medical Center, Chicago, IL

847-970-8533

**Victor Maciel M.D.**

Profesor de Cirugía

Jefe del Departamento de Colon y Rectal

Universidad de Guadalajara

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**Francisco Abarca Aguilar M.D.**

Cirujano General – Coloproctologo

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**Jose G. Guillem M.D.**

Attending Surgeon

Department of Colon and Rectal Surgery

Memorial Sloan-Kettering Cancer Center, New York, NY

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